

**"Informal learning** is learning that occurs in daily life, in the family, in the workplace, in communities and through interests and activities of individuals."

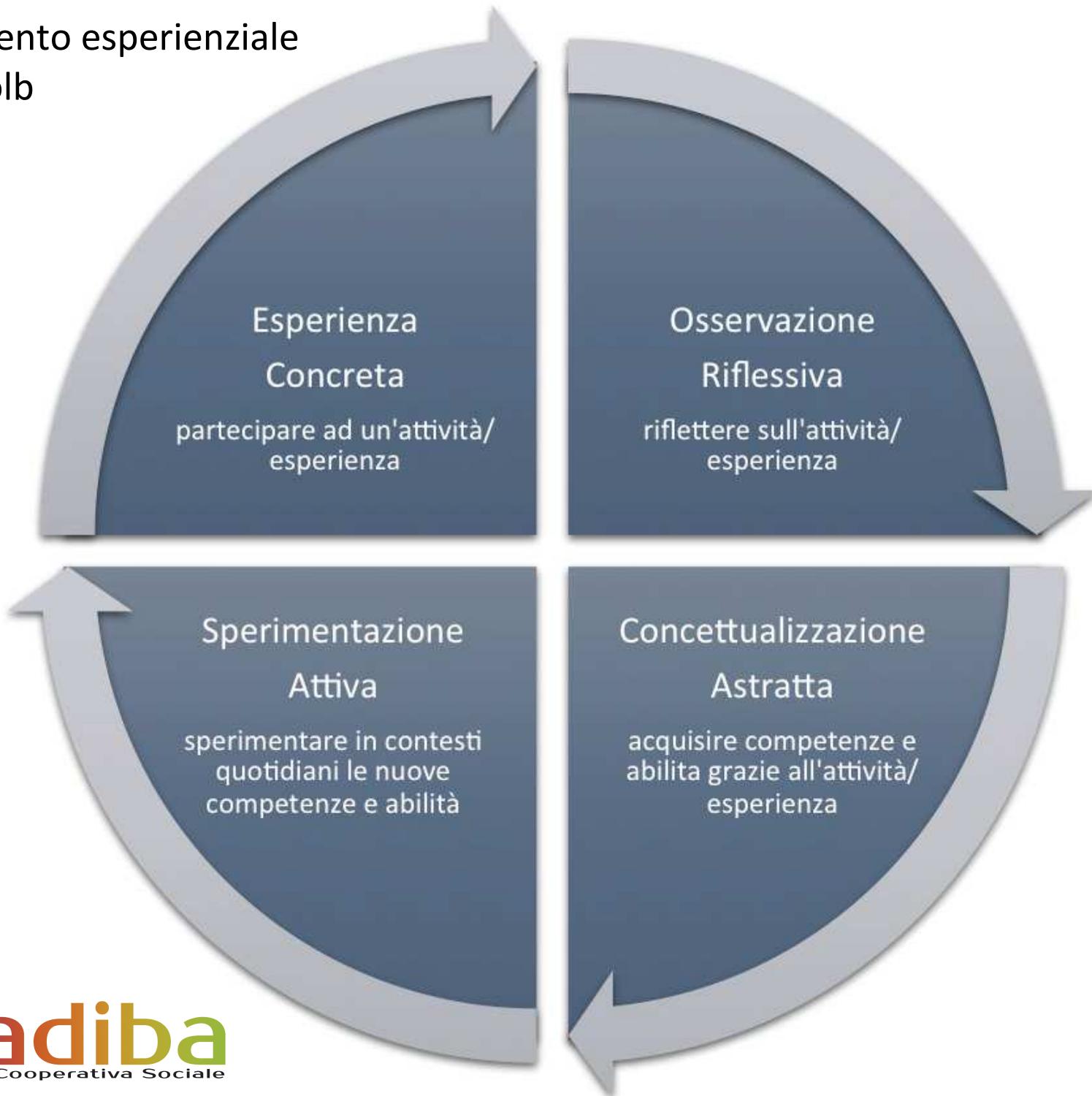
**"Non-formal learning** is learning that has been acquired in addition or alternatively to formal learning. In some cases, it is also structured according to educational and training arrangements, but more flexible. It usually takes place in community-based settings, the workplace and through the activities of civil society organisations."

**"Formal learning** takes place in education and training institutions, is recognised by relevant national authorities and leads to diplomas and qualifications. Formal learning is structured according to educational arrangements such as curricula, qualifications and teaching-learning requirements."



# Apprendimento esperienziale

by David Kolb





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**KEY COMPETENCES FOR  
LIFELONG LEARNING**

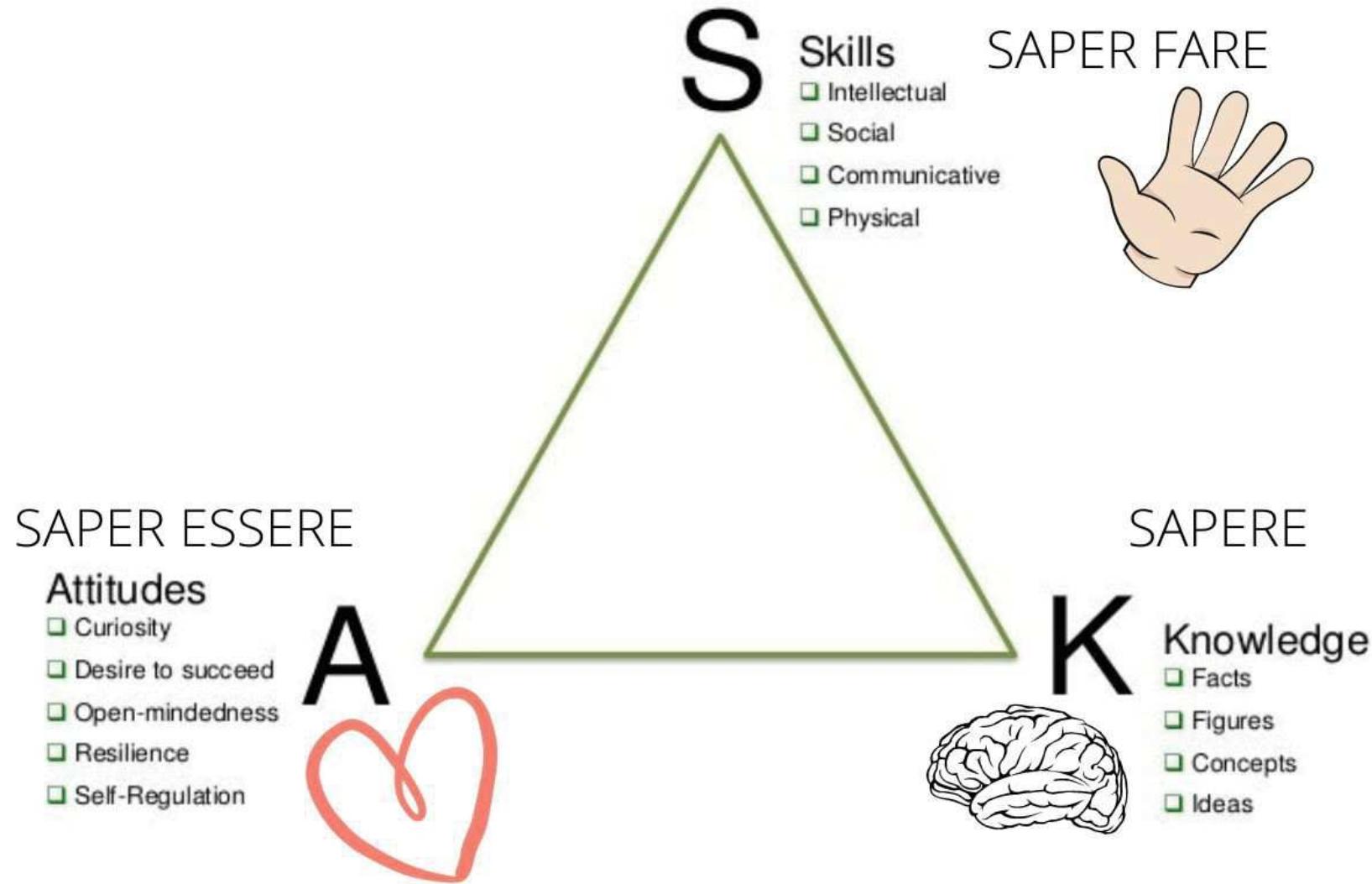
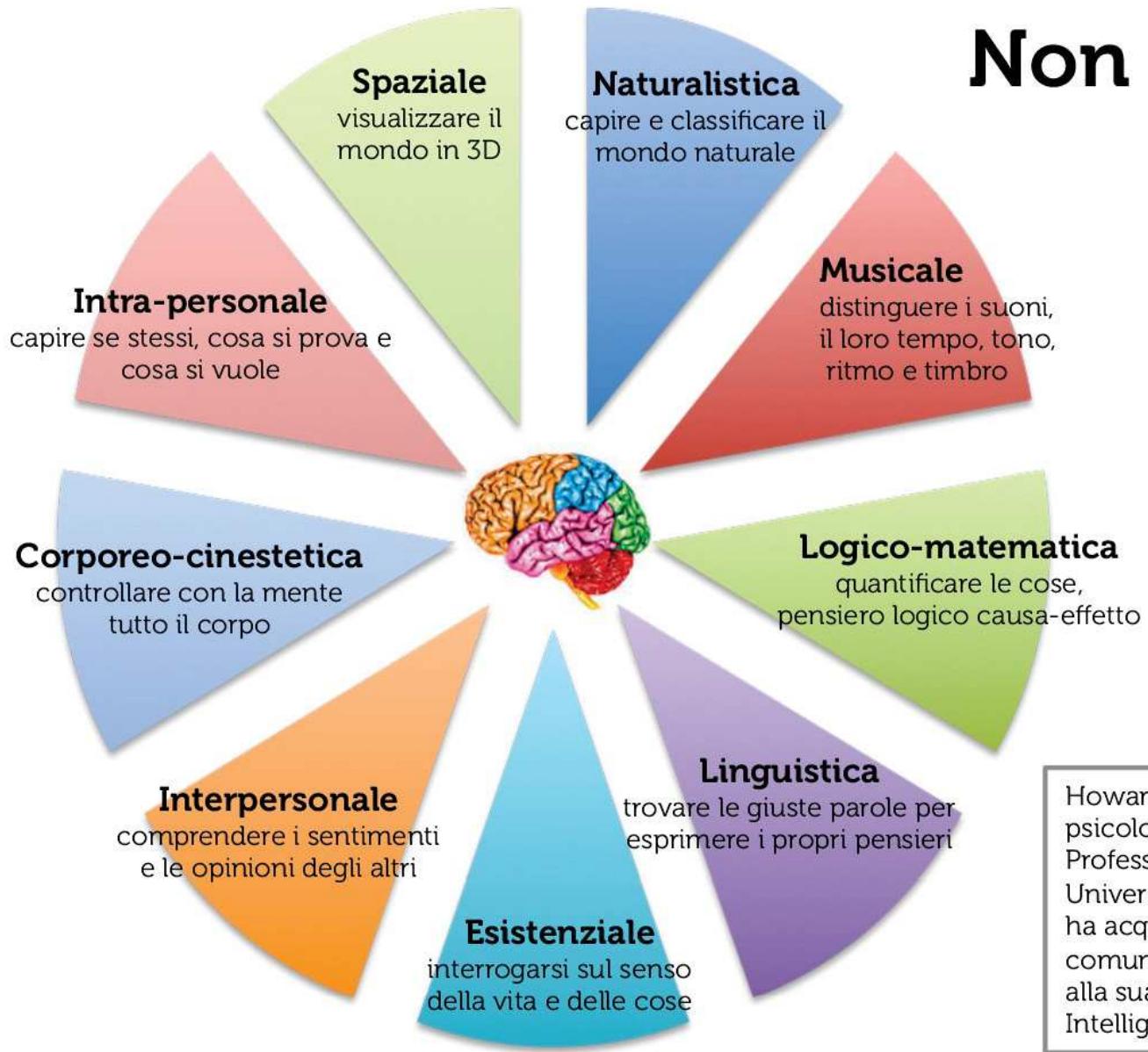




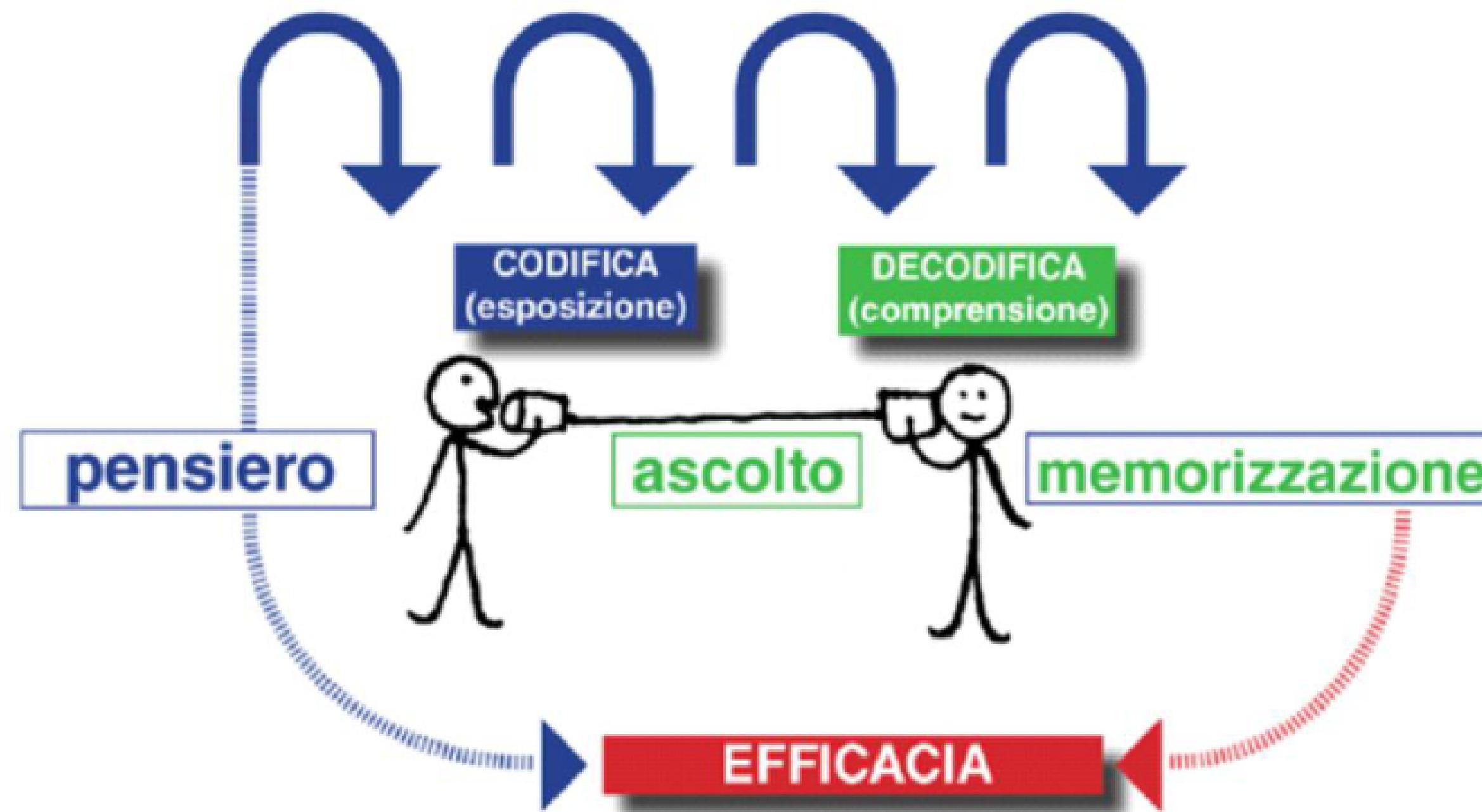
FIGURE 1. LIFECOMP AT A GLANCE

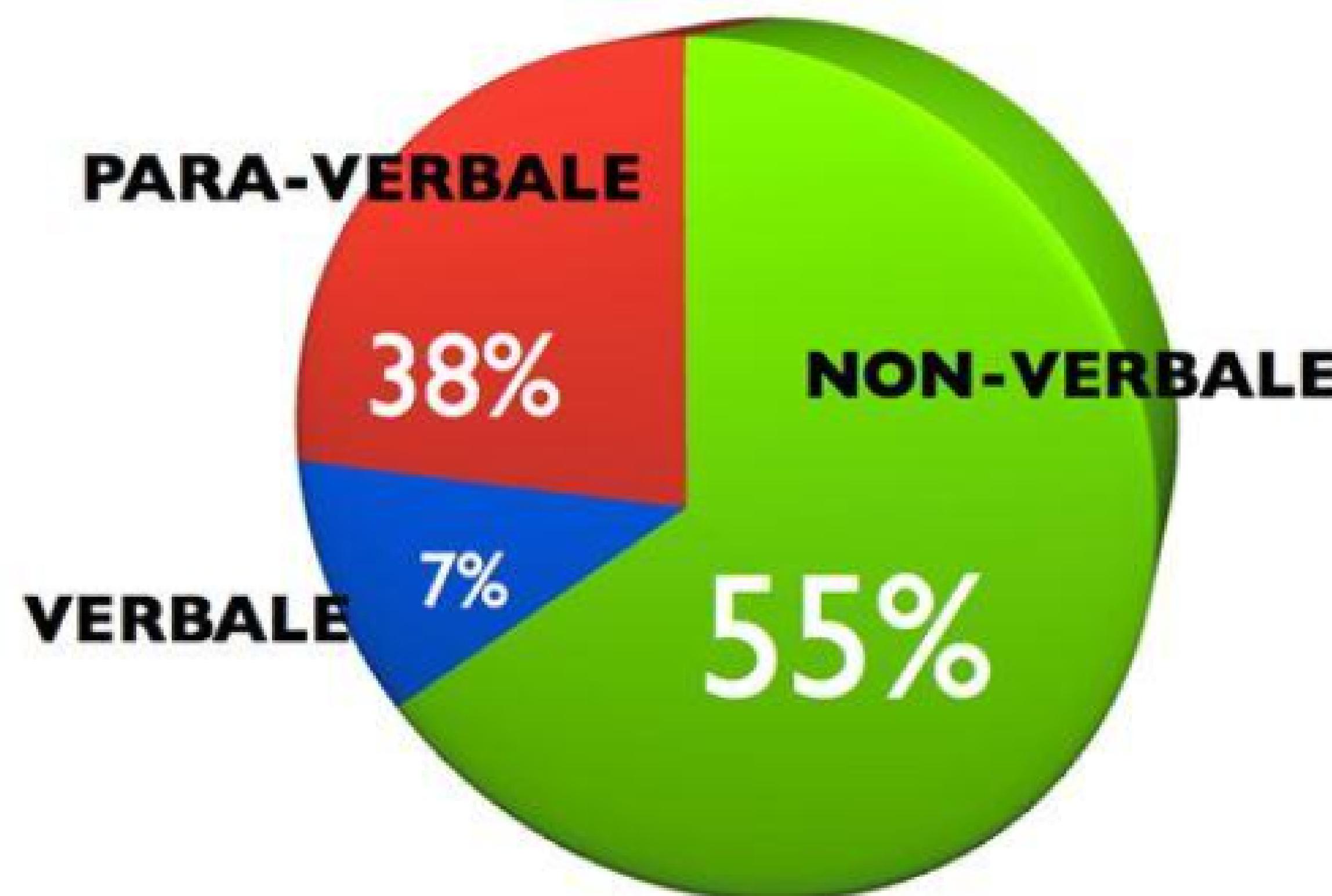
# Non un solo talento



Howard Gardner psicologo statunitense, Professore presso la Harvard University nel Massachusetts, ha acquisito celebrità nella comunità scientifica grazie alla sua teoria sulle Intelligenze multiple.

# Il processo della comunicazione





# *per approfondire*

- Empatia: [https://youtu.be/3oaobKn\\_MkE](https://youtu.be/3oaobKn_MkE)
- power of vulnerability: <https://youtu.be/iCvmsMzlF7o>

## Bibliografia:

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- Le Parole sono Finestre (oppure Muri)- Introduzione alla comunicazione nonviolenta. Esserci 2003. Marshall Rosenberg.
- Cambiare idee. Feltrinelli 2005 Howard Gardner.
- Pensieri lenti e veloci. Mondadori Saggi 2012 Daniel Kahneman.