

Characters Mental Health Mystery

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| Storyteller | See Vincents story till 1883 attachment |
| <p>Mission: I'm inviting you, time traveling youth leaders, to step into 1883, into the world of Vincent to discover details about five life events of Vincent by meeting those who were there. Each person you will meet has some relation with Vincent and a specific task that you need to complete as a group to get a part of Vincent's story. I'm challenging all groups to come up with a small activity that you could organize for Vincent that would benefit his needs or that would match his interest.</p> <p>Tools: picture frame size door opening with 1883 written on it</p> | |

Level 1 (with characters): Missions at every station (character) to complete as a group. After fulfilling the mission the groups gets a clue about Vincent. Missions take a maximum of 3 to 5 mins.

Each group has a paper to fill, after a full card the character send the group to the story teller

Level 2 (group task after visiting all characters): Talk in your group about the interests of Vincent. As a youth leader, where are Vincent's mental health struggles, which parts of life are helpful for him and can he build on? How could you support him?

Level 3 Rounding up in the total group in the training room Borckerhof... What have you learned, what can you use in your peer work with young people?

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| Agostina Segatori, friend of Vincent | <ul style="list-style-type: none"> Vincent had a brief relationship with the owner of the Café Le Tambourin, Agostina Segatori, twelve years older than Vincent. He hung his flower still lifes in her café in the hope of finding buyers. He also made an exhibition of Japanese prints that he collected. Vincent is not an easy man. Friendship with him is a story of attraction and repulsion. His stubborn behavior sometimes gives heated arguments. |
| <p>Mission level 1: Creation of Landscape of feelings and emotions Task: To get the story of Agostina you need to come up with two emotions/feelings per group member in order to unlock the full story of her experience with Vincent. You can help each other by naming emotions/feelings. Just know that you can't write them down twice.</p> | |
| <ul style="list-style-type: none"> Materials : Paper (drawing of landscape) and Markers. | |
| <p>Story: Many people see Vincent van Gogh as a man who struggles to maintain friendships and is going through life alone. But I am Vincent's friend, we are talking a lot about Paul Gaugain who Vincent looks up to. Vincent believes he can learn a lot from Gaugain. Vincent is not an easy man. Friendship with him is a story of attraction and repulsion. His stubborn behavior sometimes gives heated arguments.</p> | |

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| <p>Florence Nightingale</p> | <ul style="list-style-type: none"> • Florence is representing the medicals that Vincent van Gogh have been visiting through his life • intelligent and educated daughter of a very wealthy English family • Nursing as a profession had yet to be invented • Has knowledge about psychiatric illness and well-being • Writer of the book <i>Notes on Nursing, What It Is, and What It Is Not</i> • Opinion: Health is not just the absence of disease, but the situation in which a person can develop all his or her talents |
| <p>Mission level 1: Since i'm very interested in mental wellbeing your task will be to be quiet for two minutes to listen carefully to your surroundings. After those two minutes you will have one minute as a group to name as many things that you heard during the two minutes of silence. In order to unlock this part of the story you need to name at least five things that you heard.</p> | |
| <p>Story: Epilepsy is the only official medical diagnosis ever made. Vincent can't take it anymore, the high demands he is placing on himself, the obsessive work, his mental illnesses and, last but not least, the changing relationship with his brother Theo is becoming too much for him. He is suffering from severe psychoses, convulsions, hallucinations, abdominal complaints and violent mental swings between manic and depressive moments</p> | |

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| <p>Critical journalist in news paper</p> <p>Tools: Optical illusion cards</p> | <ul style="list-style-type: none"> • Did you know that Vincent is making loads of self-portraits? Can't be right isn't it, when you love yourself so much? That guy must have a problem! • Taking yourself as a subject in your paintings is a bit easy going, right? It is cheap and you always have a (patient) model available. |
| <p>Mission level 1: in the next three minutes you'll get to see X number of optical illusions that all have their own question or task. To unlock this part of Vincent's story you need to answer 3 questions correctly</p> | |
| <p>Story level 1: Vincent made his self-portraits because he wanted to practice painting people.</p> <ul style="list-style-type: none"> • On December 23, 1888 Vincent, completely confused, had his left ear cut off. It was the first of a series of breakdowns. Although he did not want to say anything about the incident in his letters, he did "report" it in two self-portraits. • Vincent did not portray himself as a sick, broken man to establish a certain reputation. Or to arouse pity. He was convinced that painting would help him to heal. "I am hopeful," he wrote to Theo. | |

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| <p>Farmer that grows potatoes</p> | <ul style="list-style-type: none"> • Hobby Musician • Vincent van Gogh has been painting figures for 2 years already. He hopes he can prove himself to the outside world with a large piece of several figures. Now he's painting in my farm during dinner, a daily meal of farm workers. • Vincent let us sit behind a table because he has hardly any experience in painting full-length human figures.  |
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Mission level 1: Throw with fake potatoes to pile of tins and make sure you score 35 points as a group. Each member of the group has 3 attempts and needs to throw. As soon as all the tins are hit it is the group responsibility to build the tins up as soon as possible so the next person can throw. 4 minutes

Story level 1:

- In Drenthe Vincent decided to become a painter during his 3 months period in Drenthe
- In Drenthe Vincent felt lonely.
- Do you know that Vincent van Gogh sees music as an ideal form of artistic expression and that he is using it as a model for innovation?
- For months Vincent has practiced painting heads, and dozens of studies preceded The Potato Eaters. Vincent himself is satisfied with the result, but his brother Theo is strongly criticizing the work 'Potato eaters'.

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| <p>Paul Gauguin Tool painting in the nature</p> | <ul style="list-style-type: none"> • Artistic character • World wise • Lively mind, very enthusiastic and often forgets the world around him when he's focussing on a creative project. • Vincent van Gogh and Paul Gauguin met in Paris, Vincent |
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| | <p>describes Gaugain's work as 'excellent poetry'</p> <ul style="list-style-type: none">• Paul is REALLY concerned about Vincents well being• Extra info about paintings in this period of Vincent's life |
| <p>Mission level 1: Make together with the artist a group portrait of your group with a certain theme. The theme should be visible to strangers that are seeing the picture. In order to unlock this story the Artist should be able to guess the theme (5 minutes)</p> | |
| <p>Story level 1: Vincent is having financial concerns Theo, Vincent's brother, is thinking about resigning from the art dealership where he works and wants to start his own business, but this will entail financial risk. Vincent is worried about his income because he thinks his brother won't be able anymore to financially support him. Uh</p> | |