**STARRTT-form for demonstrating competence(s):**

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Title of situation:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Please, describe in short a situation with which you can demonstrate one or more of the qualities you demonstrated in the VALUE(S) exercise.**

|  | Name of activity and/or context: |
| --- | --- |
|  | Date of the activity: |
| **S** | Situation: describe the occasion and the goal of the activity |
| **T** | Task: describe the exact task you had and your personal role in it. Also describe whether it was a complex task or not, and how you can proof this |
| **A** | Activities: describe the activity/activities you performed during this task. Be precise on your personal role. |
| **R** | Result: describe the result of the task. |
| **R** | Reflection: reflect on the impact of the result by the different participants (clients, employer, colleagues/etc.). What happened with the result? |
| **T** | Transfer: what was the “learning outcome” for yourself? What would you do the same in a next, similar task and what different? Why? |
| **T** | Theory: what was the theoretical basis for achieving the learning experience in the task? How important was this theoretical basis? |